

**CHESTE**

**R**

**RIPTIDE**

**S**

**2016**

## 2016 Season

### Meets

We will have eight dual meets this year. The meets are held on Wednesdays and Saturdays. Rain dates will be Thursdays and Mondays. The first meet will be held Saturday, June 25<sup>th</sup>.

At the meets, everyone will get a chance to swim. We have some large age-groups, and will do our best to enter the swimmers in their favorite events. This may not happen for every meet; please remember we are one team and we all need to work together to foster a positive environment for all swimmers. If you are not able to attend a meet for any reason, please inform Allie Golden **ASAP**. We would like to know at least 24-hours in advance, but last-minute emergencies do arise.

\*Wednesday meets:

4:50 check-in  
5pm warm-ups  
6pm meet start time

\*Saturday meets:

7:50am check-in  
8am warm-ups  
9am meet start time

There is also an end-of-the-season Meet of Champions for qualifying swimmers.

Chester team swim team caps and team shirts will be distributed to all swimmers. Please remember to wear them at the meets!

## **Parents' Responsibilities**

In order to run a successful swim team, we must have help from the parents. Attached you will find a volunteer description sheet. Volunteer sign-ups are done online. You are asked to sign up to help at a **minimum of two swim meets** (this may change due to team size)

During practice, parents are to remain off the pool deck. After practice, you are more than welcome to talk to us.

## **Team Behavior**

Whether you are in or out of the pool, your conduct reflects the Chester Riptides program. This is true for all “members” of our team, which includes coaches, parents, as well as the swimmers. It is expected that each and every swimmer conducts him- or herself in a courteous, respectful manner at all times. *The swim league has adopted a Code of Conduct; this will be read to each of the swimmers when practice begins and a copy will be available for parents to read. Your membership on the Chester Riptides is an implicit acceptance of this Code of Conduct.*

Swimmers are expected to:

- respect their coaches and teammates
- be on time and ready to work
- follow pool rules
- obtain permission from coaches before leaving practices

Swimmers are not to:

- bring jewelry, money or personal items to practice or meets
- run or engage in horseplay
- use foul language at any time
- damage property at the pool or any facility used by us

PLEASE BE AWARE THAT ANY ITEMS, SUCH AS IPODS,  
CELL PHONES, AND PERSONAL PLAY SYSTEMS  
ARE THE SWIMMER'S RESPONSIBILITY IF  
BROUGHT TO PRACTICE

## **Communication Procedures**

Email is used to keep the swimmers and parents updated with any information pertaining to the swim team. Please be sure to check your email regularly for updates.

Vacation schedules should be emailed to Allie Golden as soon as possible at **coachgolden19@gmail.com**. We will need vacation schedules in order to set up the meets. If for any reason your child can not attend a meet this should be brought to a coach's attention as soon as possible.

In addition, if you are certain that your child is not available for the Meet of Champions, please let Allie know via email immediately. Please list each child individually. This will help in the planning of the championship meet entries, ensuring that we only enter swimmers who are available for the meet.