The Bernards Township Health Department and Girl Scouts of the USA Present:

Food Allergies: Knowledge is Power



Thursday, August 8th 3:30-4:30 pm Room B

Bernards Township Library 32 S. Maple Ave, Basking Ridge



<u>Registration Required</u>. Call 908-204-3069 to register or email Ahuber@bernards.org

<u>Celebrate teal moments!</u> Join Andrea Huber, Bernards Township Nutritionist and Girl Scouts, Kaitlyn and Anjni for a fun lesson on the importance of understanding food allergies. Children will learn about what food allergies are, food allergy reactions and how to be safe when it comes to eating and being around others. Children will also participate in the making of a non allergenic food item. The lesson is geared for children ages 5-10 years old.



Bernards Township Health Department 262 S. Finley Ave., Basking Ridge, NJ 07920 www.bernardshealth.org - Info: 908-204-3070 Contractual Health Agency for:
Bernards Township
Bernardsville Borough
Chester Borough
Long Hill Township
Mendham Borough
Peapack& Gladstone Borough