



# HEALTH MATTERS



Promoting Public Health

Bernards Township Health Department

## Pulmonary Screening

**Wed., Sept 25, 2019**  
**1:00 - 4:00 pm**

St. James Chch, 184 S. Finley, BR  
 Appt. Req'd: 908-204-2520

[PRINT FLYER](#)



## National Night Out

Bernards Township Health Department

**Tues., Aug. 6, 2019**

Astor Fields, Town Hall  
 Parking at Ridge High School

[Print Flyer](#)



Bernards Township  
**Municipal Alliance**  
 Against Substance Abuse



## Bone Density Screening

**Thurs., Sept. 19, 2019**  
**1:00 - 4:00 pm**

Long Hill Library  
 917 Valley Rd., Gillette

**NO Cost ~ Appt Required**  
**Register at: 908-204-2520**

[PRINT FLYER](#)



**How Good  
 are You as a  
 Pet Parent?**  
[Check Here](#)



## **Water is Essential**



[Read More](#)



## **SAVE THE DATE: FLU SHOTS**

Wednesday 10/9/19 9-11 am St. James	Thursday 10/10/19 9-11 am MASH	Wednesday 10/16/19 9-11 am Long Hill Town Hall
Wednesday 10/16/19 3:30 - 5:30 pm Bernardsville Library		<u><a href="#">PRINT FLYER</a></u>
Friday 10/18/19 9-11 am PG Boro Hall	Saturday 10/19/19 9-11 am BTCC	Tuesday 10/22/19 3:30-5:30 pm BTCC

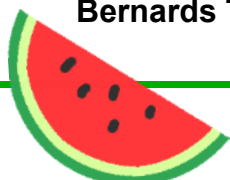
Bernards Township **HEALTH** Department  
 262 South Finley Ave.  
 Basking Ridge, NJ 07920



P. 908-204-2520  
 F. 908-204-3075

[www.bernardshealth.org](http://www.bernardshealth.org)

The Bernards Township Health Department is the *contractual* health agency serving:  
 Bernards Township, Bernardsville Borough, Chester Borough, Long Hill Township,  
 Mendham Borough, and Peapack and Gladstone Borough.



To remove your name from our mailing list, please [click here](#).  
 Questions?: [health@bernards.org](mailto:health@bernards.org) or 908.204.2520

## **Pulmonary Screening**

<http://www.bernardshealth.org/hddocuments/Newsletter/Pulmonary%20Screening%202019.pdf>

## **National Night Out**

<http://www.bernardshealth.org/hddocuments/Newsletter/Night%20Out%202019.pdf>

## **Bone Density Screening**

<http://www.bernardshealth.org/hddocuments/Newsletter/Bone%20Flyer%2009%2019%202019%20LH.docx.pdf>

## **How Good are You as a Pet Parent?**

<http://www.bernardshealth.org/hddocuments/Newsletter/BEYOND%20THE%20FIVE%20FREEDOMS%20ARTICLE.pdf>

## **Water is Essential**

<http://www.bernardshealth.org/hddocuments/Nutrition/Water%20is%20Essential.pdf>

## **SAVE THE DATE: FLU SHOTS**

<http://www.bernardshealth.org/hddocuments/Newsletter/Flu%202019%20All.pdf>